

100m Results**(Races 1 - 4)****M> = Manual Wind Speed****100m WGEL Graded 04-Aug-15 M> W/S +3.6 m/s**

Race No.	Place	Athlete	Club	Age Group - NK is Not Known	Performance	ID No.
1	1	Precious Ajayi	WGEL	U17 F	13 .97 secs	63
1	2	Samuel Ashodi	WGEL	U13 M	14 .97 secs	10
1	3	Jacob Nicholson	WGEL	U13 M	15 .15 secs	18
1	4	Mia Islam-Moore	WGEL	U13 F	15 .90 secs	80
1	5	Harry Cain	WGEL	U13 M	16 .18 secs	70
1	6	Julie Gillender	Ilford	S F	19 .88 secs	74

100m WGEL Graded 04-Aug-15 M> W/S +4.2 m/s

Race No.	Place	Athlete	Club	Age Group - NK is Not Known	Performance	ID No.
2	1	David Spencer	London Heathside	V65 M	13 .87 secs	3
2	2	Nia Wedderburn-Goddison	WGEL	U13 F	14 .50 secs	4
2	3	Shakkira Sikira	WGEL	U15 F	14 .67 secs	75
2	4	Isabella Cain	WGEL	U13 F	14 .67 secs	69
2	5	Polly Sharland	WGEL	U13 F	15 .96 secs	15
2	6	Sade Cowan	Orion	U13 F	16 .13 secs	76

100m WGEL Graded 04-Aug-15 M> W/S +2.2 m/s

Race No.	Place	Athlete	Club	Age Group - NK is Not Known	Performance	ID No.
3	1	Omoyemi Fafowora	WGEL	U15 F	13 .82 secs	64
3	2	Joyce Mbatika	Orion	U15 F	13 .87 secs	65
3	3	Otuo Abebrese	Unattached	V35 M	13 .93 secs	57
3	4	Tracy Bezance	Southampton	V50 F	14 .12 secs	50
3	5	Ashleigh Sion	Unattached	U13 F	14 .33 secs	71
3	6	Bradley Brown	Ilford	V40 M	14 .70 secs	14

100m WGEL Graded 04-Aug-15 M> W/S +4.3 m/s

Race No.	Place	Athlete	Club	Age Group - NK is Not Known	Performance	ID No.
4	1	Zac Islam-Moore	WGEL	U15 M	12 .24 secs	78
4	2	Else Obiekwe	WGEL	U17 F	13 .04 secs	17
4	3	Samuel Rahman	Ilford	S M	13 .25 secs	21
4	4	Ademilola Olugbode	WGEL	U15 F	13 .40 secs	73
4	5	Ann-Marie Ibiabuo	Orion	U13 F	14 .20 secs	77
4	6	Ella Warwick	WGEL	U17 F	14 .24 secs	19

100m Results**(Races 5 - 8)****M> = Manual Wind Speed****100m WGEL Graded 04-Aug-15 M> W/S +3.6 m/s**

Race No.	Place	Athlete	Club	Age Group - NK is Not Known	Performance	ID No.
5	1	Samuel Barker	WGEL	U17 M	12 .11 secs	13
5	2	Ike Chibudo-Williams	WGEL	U17 M	12 .47 secs	11
5	3	Frankie Westland	WGEL	U17 M	12 .53 secs	53
5	4	Alexandra Hill	Herts Phoenix	S F	12 .68 secs	5
5	5	Thomas Finch	WGEL	U17 M	12 .84 secs	54
5	6	Malachi Swyer	WGEL	U15 M	12 .99 secs	12

100m WGEL Graded 04-Aug-15 M> W/S +3.7 m/s

Race No.	Place	Athlete	Club	Age Group - NK is Not Known	Performance	ID No.
6	1	Jonathan Baxter	Cambridge & Collieridge	S M	11 .41 secs	66
6	2	Carl Rendora	WGEL	S M	11 .54 secs	58
6	3	Kaspars Kazemaks	Woking	S M	11 .65 secs	60
6	4	Tyler Bown	WGEL	S M	11 .91 secs	61
6	5	Matthew Owers	Havering	U17 M	11 .96 secs	79
6	6	Alan James	WGEL	V35 M	12 .33 secs	56

100m WGEL Graded 04-Aug-15 M> W/S +2.1m/s

Race No.	Place	Athlete	Club	Age Group - NK is Not Known	Performance	ID No.
7	1	Chris Morter	Cambridge & Collieridge	S M	11 .23 secs	67
7	2	Jack Andrew	Sale	S M	11 .53 secs	52
7	3	Mark Collins	Southampton	V40 M	11 .53 secs	51
7	4	Mahmoud Barrie	Braintree	U20 M	11 .55 secs	55
7	5	Alexandra Porter	VPH	S M	11 .65 secs	20
7	6	Mark Cryer	Blackheath	S M	11 .69 secs	8

100m WGEL Graded 04-Aug-15 M> W/S +2.7 m/s

Race No.	Place	Athlete	Club	Age Group - NK is Not Known	Performance	ID No.
8	1	Antonio Infantino	SBH	S M	10 .81 secs	59
8	2	Owen King	Hunts AC	U17 M	11 .08 secs	7
8	3	Jacob Paul	WSEH	S M	11 .25 secs	6
8	4	Calvin Kirstein	Eastbourne Rovers	S M	11 .31 secs	1
8	5	Pierre Walker	Belgrave	S M	11 .31 secs	72
8	6	Stefan Redmond	WGEL	S M	11 .48 secs	68
8	7	Sean Buckeridge	Ealing	S M	11 .54 secs	16

200m Results

M> = Manual Wind Speed

200m WGEL Graded 04-Aug-15 M> W/S +3.6 m/s

Race No.	Place	Athlete	Club	Age Group - NK is Not Known	Performance	ID No.
1	1	Philip Bell	Harrow	V60 M	29 .65 secs	82
1	2	Ella Warwick	WGEL	U17 F	29 .97 secs	19
1	3	Isabella Cain	WGEL	U13 F	31 .26 secs	69
1	4	Hannah Page	WGEL	U15 F	31 .42 secs	62
1	5	Nia Wedderburn-Goddison	WGEL	U13 F	37 .58 secs	92
1	6	Robert Maggio	Eton Manor	V65 M	37 .65 secs	22

200m WGEL Graded 04-Aug-15 M> W/S +5.2m/s

Race No.	Place	Athlete	Club	Age Group - NK is Not Known	Performance	ID No.
2	1	Frankie Westland	WGEL	U17 M	25 .80 secs	53
2	2	Thomas Finch	WGEL	U17 M	27 .23 secs	54
2	3	Ami Fosker	Colchester & Tendring	U20 F	27 .44 secs	9
2	4	Ademilola Olugbode	WGEL	U15 F	27 .81 secs	73
2	5	Tracy Bezance	Southhampton	V50 F	28 .83 secs	50

200m WGEL Graded 04-Aug-15 M> W/S +2.3m/s

Race No.	Place	Athlete	Club	Age Group - NK is Not Known	Performance	ID No.
3	1	Kaspars Kazemaks	Woking	S M	23 .27 secs	60
3	2	Tyler Bown	WGEL	S M	24 .08 secs	61
3	3	Olaoluwa Abiodun	WGEL	S M	24 .72 secs	81
3	4	Alan James	WGEL	V35 M	24 .87 secs	56
3	5	Sam Barker	WGEL	U17 M	25 .42 secs	13
3	6	Alexandra Hill	Herts Phoenix	S F	26 .12 secs	5
3	7	Joel Hayhow	Orion	U20 M	27 .29 secs	118

200m WGEL Graded 04-Aug-15 M> W/S +2.5m/s

Race No.	Place	Athlete	Club	Age Group - NK is Not Known	Performance	ID No.
4	1	Sean Buckeridge	Ealing	S M	23 .33 secs	16
4	2	Jonathon Baxter	Cambridge & Collieridge	S M	23 .46 secs	66
4	3	Mark Collins	Southhampton	S M	23 .48 secs	51
4	4	Stefan Redmond	WGEL	S M	23 .48 secs	68
4	5	Matthew Owers	Havering	U17 M	23 .66 secs	79
4	6	Michael Duncan	Havering	U20 M	24 .49 secs	83

200m WGEL Graded 04-Aug-15 M> W/S +3.8m/s

Race No.	Place	Athlete	Club	Age Group - NK is Not Known	Performance	ID No.
5	1	Antonio Infantino	SBH	S M	21 .43 secs	59
5	2	Jacob Paul	WSEH	S M	22 .33 secs	6
5	3	Pierre Walker	Belgrave	S M	22 .41 secs	72
5	4	Chris Morter	Cambridge & Collieridge	S M	22 .47 secs	67
5	5	Owen King	Hunts AC	U17 M	22 .96 secs	7
5	6	Kody Powell	Cambridge Harriers	U17 M	23 .11 secs	2

800m Results

800m WGEL Graded 04-Aug-15

Race No.	Place	Athlete	Club	Age Group - NK is Not Known	Performance	ID No.
1	1	Jack Halil	Ilford	U13 M	2 : 36 .24 secs	166
1	2	Jordan Hinds	Ilford	U15 F	2 : 44 .07 secs	106
1	3	Robyn Allwright	Trent Park	U15 F	2 : 46 .27 secs	168
1	4	Keshan Beckett-Edwards	Ilford	U13 M	2 : 48 .54 secs	158
1	5	Ellie Wright	Ilford	U13 F	2 : 50 .27 secs	108
1	6	Mya Hornett	Trent Park	U15 F	2 : 53 .17 secs	114
1	7	George Mcpherson	WGEL	U13 M	2 : 53 .86 secs	172
1	8	James Aylett	WGEL	U13 M	2 : 55 .55 secs	173
1	9	Maisy Silvershine	Orion	U13 F	2 : 57 .48 secs	116
1	10	Fred Taylor	WGEL	U13 M	2 : 58 .98 secs	113
1	11	Amelia Owers	Havering	U15 F	3 : 03 .26 secs	171
1	12	Isabella Steel	Trent Park	U13 F	3 : 19 .48 secs	174

800m WGEL Graded 04-Aug-15

Race No.	Place	Athlete	Club	Age Group - NK is Not Known	Performance	ID No.
2	1	Kevin Wotton	Ilford	S M	2 : 31 .76 secs	167
2	2	Ellie Street	Colchester Harriers	U20 F	2 : 32 .03 secs	101
2	3	Farris Patel	Ilford	U13 M	2 : 33 .52 secs	157
2	4	Lydia Callan	Colchester & Tendring	U17 F	2 : 34 .05 secs	153
2	5	Niamh Tuohy	Benfleet	U17 F	2 : 38 .84 secs	111
2	6	Millie Finch	WGEL	U15 F	2 : 39 .76 secs	104
2	7	Abbi-May Walters	Benfleet	U20 F	2 : 40 .16 secs	112
2	8	Bradley Deacon	Ilford	U13 M	2 : 46 .11 secs	163

800m WGEL Graded 04-Aug-15

Race No.	Place	Athlete	Club	Age Group - NK is Not Known	Performance	ID No.
3	1	Harry Cavell	WGEL	U17 M	2 : 21 .80 secs	109
3	2	Gareth Cavell	WGEL	V45 M	2 : 22 .01 secs	110
3	3	Rebecca Cooke	Colchester Harriers	S F	2 : 24 .59 secs	102
3	4	Ami Fosker	Colchester & Tendring	U20 F	2 : 25 .88 secs	9
3	5	Bernadine Pritchett	WGEL	V45 F	2 : 26 .24 secs	170
3	6	Phillipa Baxter	Colchester & Tendring	U20 F	2 : 27 .46 secs	152
3	7	Rebecca Wilby	Dartford	S F	2 : 31 .44 secs	155
3	8	Georgia Tombs	Chemsford	U13 F	2 : 36 .84 secs	107

800m WGEL Graded 04-Aug-15

Race No.	Place	Athlete	Club	Age Group - NK is Not Known	Performance	ID No.
4	1	Dami Ajiboye	Enfield	U17 M	2 : 07 .31 secs	162
4	2	Cathal McLaughlin	Derry City Track Club	V45 M	2 : 09 .12 secs	103
4	3	William Gray	Chemlsford	U17 M	2 : 10 .18 secs	160
4	4	Faye Fullerton	Havering	S F	2 : 12 .22 secs	154
4	5	Thomas King	Ilford	U20 M	2 : 13 .44 secs	105
4	6	Sam Rahman	Ilford	S M	2 : 16 .96 secs	21
4	7	Krystal Balogun	Ilford	S F	2 : 18 .15 secs	159
4	8	Joseph Geller	WGEL	U15 M	2 : 21 .77 secs	115

3000m Results

3000m

WGEL Graded

04-Aug-15

Race No.	Place	Athlete	Club	Age Group - NK is Not Known	Performance	ID No.
1	1	David Renton	Mornington Chasers	V40 M	10 : 30 .96 secs	120
1	2	David Kail	NEB	S M	10 : 33 .50 secs	128
1	3	Sinead Clark	Benfleet	U17 F	10 : 44 .97 secs	121
1	4	Kate O'Neill	Havering	U15 F	10 : 51 .43 secs	124
1	5	Alan Clark	Benfleet	V45 M	10 : 52 .79 secs	122
1	6	Louise Gilbert	WGEL	U15 F	10 : 53 .66 secs	123
1	7	Neil Swift	Orion	S M	10 : 58 .99 secs	130
1	8	Charmaine Sterling	Benfleet	S F	11 : 06 .35 secs	125
1	9	Darryl Coulter	Kent AC	V40 M	11 : 11 .73 secs	176
1	10	Lacey Bareham	Colchester & Tendring	S F	11 : 18 .48 secs	151
1	11	Terry McCarthy	WGEL	V55 M	11 : 26 .01 secs	133
1	12	Lydia Callan	Colchester & Tendring	U17 F	11 : 26 .32 secs	153
1	13	Paul Jeggo	Springfield	V50 M	11 : 39 .69 secs	175
1	14	Nick Park	Kent AC	V40 M	12 : 15 .50 secs	134
1	15	Trevor Powell	WGEL	V60 M	13 : 09 .91 secs	164

3000m

WGEL Graded

04-Aug-15

Race No.	Place	Athlete	Club	Age Group - NK is Not Known	Performance	ID No.
2	1	Bradley Wattleworth	WGEL	U20 M	8 : 57 .15 secs	161
2	2	Mark Ryall	Milton Keynes	S M	8 : 57 .80 secs	165
2	3	Ramadai Osmani	Colchester & Tendring	U20 M	8 : 59 .41 secs	150
2	4	William Ruiz	Blackheath	U20 M	9 : 05 .89 secs	169
2	5	Jolyon Everitt	WGEL	V35 M	9 : 32 .79 secs	129
2	6	Adam Bowman	Trent Park	S M	9 : 54 .74 secs	117
2	7	Callum Liasi	Benfleet	U17 M	9 : 55 .40 secs	119
2	8	Mark Cursons	Harrow	V50 M	9 : 55 .84 secs	126
2	9	Stephen Philcox	Ilford	S M	10 : 16 .07 secs	156
2	10	Giles Hopkinson	Orion	V45 M	10 : 18 .30 secs	131
2	11	Eric Paul	Orion	V50 M	10 : 27 .95 secs	132
2	12	Kevin Wotton	Ilford	V45 M	10 : 55 .94 secs	167
2	13	James Hiscock	Benfleet	U20 M	11 : 50 .16 secs	127

3km Walk Results

3Km Walk WGEL Graded 04-Aug-15

Race No.	Place	Athlete	Club	Age Group - NK is Not Known	Performance	ID No.
1	1	Sophie Hales	Steyning	S F	14 : 32 .10 secs	295
1	2	Gary Smith	Enfield	V55 M	17 : 21 .10 secs	299
1	3	Dan Maskel	Surrey AC	V65 M	18 : 45 .60 secs	200
1	4	John Borgars	Loughton AC	V65 M	19 : 04 .20 secs	300
1	5	Sean Pender	Enfield	V60 M	19 : 14 .60 secs	296
1	6	Lynn Jones	Enfield	S F	19 : 36 .40 secs	297
1	7	Ron Powell	Enfield	V75 M	20 : 08 .00 secs	294
1	8	John Brock	Southend	V65 M	20 : 40 .90 secs	199
1	9	Peter Cassidy	Loughton AC	V75 M	20 : 42 .10 secs	293
1	10	Pamela Abbot	Enfield	V50 F	21 : 13 .90 secs	198
1	11	Dave Ainsworth	Ilford	V65 M	22 : 43 .60 secs	298
1	12	Mick Barnbrook	Ilford	V70 M	23 : 15 .50 secs	197

Field Events Results

Hammer

WGEL Graded

04-Aug-15

Event	Place	Athlete	Club	Age Group - NK is Not Known	Performance	Notes
1	1	Craig Murgh	Rugby & Northhampton	U23 M	65 .80 m	
1	2	George Marvelle	Stevenage & Northants	U17 F	60 .65 m	
1	3	Laeken Impey	Milton Keynes	U20 F	45 .46 m	
1	4	Stephanie Howe	WGEL	U17 F	43 .63 m	4kg
1	5	Richard Goldsworthy	Milton Keynes	S M	42 .38 m	
1	6	Fergus Harford	WGEL	V45 M	34 .38 m	
1	7	Sophie Fenner	Cambridge Harriers	U17 F	31 .59 m	
1	8	Iris Maxfield	Orion	U20 F	26 .67 m	
1	9	Victoria Cuthbert	WGEL	U15 F	23 .55 m	
1	10	Aaron Freshwater	Havering	U15 M	15 .16 m	

L-Jump

WGEL Graded

04-Aug-15

Race No.	Place	Athlete	Club	Age Group - NK is Not Known	Performance	Notes
1	1	Mark Cryer	Blackheath	S M	06 .99 m	
1	2	Jack Andrew	Sale Harriers	S M	06 .60 m	
1	3	Ella wigul	Unattached	U13 F	04 .20 m	
1	4	Ann-Marie Ibiabuo	Orion	U13 F	03 .87 m	
1	5	Aaron Freshwater	Havering	U15 M	03 .85 m	
1	6	Clare St john-Coleman	Chelmsford	V50 F	03 .67 m	
1	7	Sade Cowan	Orion	U13 F	03 .38 m	