

Wasps Results

M> = Manual Wind Speed

Wasps H-Jump WGEL Graded 07-Jul-15

Race No.	Place	Athlete	Club	Age Group - NK is Not Known	Performance	ID No.
1	1	Henry Lethbridge	WGEL	U11 M	01 .15 m	103
1	2	Jimmy Geller	WGEL	U11 M	01 .10 m	113
1	3	Cem Guler	WGEL	U11 M	01 .10 m	107
1	4	Niall Coughlan	WGEL	U11 M	01 .05 m	114
1	5	Zahara Malcolm	WGEL	U11 F	01 .00 m	106
1	6	William Anthony	WGEL	U11 M	00 .90 m	112
1	7	Beau Campbell	Orion	U11 F	00 .90 m	109
1	8					

Wasps 200m WGEL Graded 07-Jul-15 M> W/S -0.5 M/S

Race No.	Place	Athlete	Club	Age Group - NK is Not Known	Performance	ID No.
1	1	Niall Coughlan	WGEL	U11 M	35.63 secs	114
1	2	Beau Campbell	Orion	U11 F	37.46 secs	109
1	3	William Anthony	WGEL	U11 M	38.19 secs	112
1	4	Jasmine Dolan	WGEL	U11 F	39.34 secs	108
1	14					

Wasps 200m WGEL Graded 07-Jul-15 M> W/S Not Taken

Race No.	Place	Athlete	Club	Age Group - NK is Not Known	Performance	ID No.
2	1	Kaidan Chambers	WGEL	U11 M	29.83 secs	115
2	2	Zahara Malcolm	WGEL	U11 F	31.20 secs	106
2	3	Daniel Bryant	WGEL	U11 M	32.11 secs	111
2	4	Cem Guler	WGEL	U11 M	32.95 secs	107
2	5	Jimmy Geller	WGEL	U11 M	33.08 secs	113

Wasps 70mH WGEL Graded 07-Jul-15 M> W/S +0.90 M/S

Race No.	Place	Athlete	Club	Age Group - NK is Not Known	Performance	ID No.
1	1	William Anthony	WGEL	U11 M	19.94 secs	112
1	2	Kate Lethbridge	WGEL	U11 F	22.20 secs	104

Wasps 70mH WGEL Graded 07-Jul-15 M> W/S +0.30 M/S

Race No.	Place	Athlete	Club	Age Group - NK is Not Known	Performance	ID No.
2	1	Zahara Malcolm	WGEL	U11 F	15.60 secs	106
2	2	Henry Lethbridge	WGEL	U11 M	16.11 secs	103
2	3	Cem Guler	WGEL	U11 M	16.13 secs	107
2	4	Jimmy Geller	WGEL	U11 M	17.66 secs	113
2	5	Niall Coughlan	WGEL	U11 M	17.67 secs	114

100m Results

M> = Manual Wind Speed

100m WGEL Graded 07-Jul-15 M> W/S +2.6 m/s

Race No.	Place	Athlete	Club	Age Group - NK is Not Known	Performance	ID No.
1	1	Omoyemi Fafowora	WGEL	U15 F	13.80 secs	32
1	2	Mike Maisey	Herts	V65 M	14.26 secs	8
1	3	Ashleigh Sion	Unattached	U13 F	14.62 secs	29
1	4	Temi Olusesan	WGEL	U15 F	14.66 secs	28
1	5	Lois McNeil	Unattached	U13 F	14.74 secs	25
1	6	Chloe Chapman	Iford AC	U15 F	14.77 secs	26
1	7	Julie Gillender	Iford AC	S F	20.52 secs	22

100m WGEL Graded 07-Jul-15 M> W/S +0.9 m/s

Race No.	Place	Athlete	Club	Age Group - NK is Not Known	Performance	ID No.
2	1	Chibudo Ihe	WGEL	U15 M	12.87 secs	46
2	2	Thomas Finch	WGEL	U17 M	13.16 secs	27
2	3	Etienne Dean	Unattached	U17 M	13.23 secs	42
2	4	Ademilola Olugbode	WGEL	U15 F	13.36 secs	43
2	5	Charlotte Grant	Orion	U15 F	13.76 secs	45
2	6	Conor Hewitt-Harvey	Unattached	U13 M	15.58 secs	20

100m WGEL Graded 07-Jul-15 M> W/S -0.1 m/s

Race No.	Place	Athlete	Club	Age Group - NK is Not Known	Performance	ID No.
3	1	James Davis	Barnet	U17 M	12.81 secs	41
3	2	Kyesha Robinson	WGEL	U15 F	12.96 secs	24
3	3	Nick Lauder	Vets AC	V45 M	13.06 secs	31
3	4	Karina Pucina	Bedford	S F	13.17 secs	12
3	5	AJ Ashaye	Unattached	U15 M	13.19 secs	35
3	6	Kaya Reilly	Unattached	U15 F	13.76 secs	30

100m WGEL Graded 07-Jul-15 M> W/S +0.2 m/s

Race No.	Place	Athlete	Club	Age Group - NK is Not Known	Performance	ID No.
4	1	Sarah Busby	WGEL	S F	12.12 secs	9
4	2	Tyler Bown	WGEL	S M	12.15 secs	7
4	3	Alan James	WGEL	V35 M	12.38 secs	10
4	4	Nicolas Tsiakouris	Unattached	S M	12.99 secs	16

100m WGEL Graded 07-Jul-15 M> W/S +0.6 m/s

Race No.	Place	Athlete	Club	Age Group - NK is Not Known	Performance	ID No.
5	1	Carl Rendora	WGEL	S M	11.80 secs	6
5	2	Oluwakorede Atanda	WGEL	U20 M	11.84 secs	19
5	3	Montell Douglas	Blackheath	S F	11.88 secs	2
5	4	Andrew Elie	NEB	S M	12.10 secs	36
5	5	Valentino Tsiakouris	Unattached	S M	12.10 secs	15

100m WGEL Graded 07-Jul-15 M> W/S +0.3 m/s

Race No.	Place	Athlete	Club	Age Group - NK is Not Known	Performance	ID No.
6	1	Adeseye Ogunlee	Unattached	S M	10.69 secs	13
6	2	Lee Dollard	Southend	S M	11.07 secs	3
6	3	Joe Steele	TVH	S M	11.27 secs	11
6	4	Pierre Walker	Belgrave	S M	11.32 secs	23
6	5	Benjamin Noel	Highgate	U20 M	11.47 secs	1

400m Results

M> = Manual Wind Speed

400m		WGEL Graded	07-Jul-15	M> W/S	0	
Race No.	Place	Athlete	Club	Age Group - NK is Not Known	Performance	ID No.
1	1	Cameron Campbell	Orion	U15 M	1 : 04.49 secs	57
1	2	Edward McArdle	Trent Park	U15 M	1 : 05.37 secs	152
1	3	Lacey Fuhr	WGEL	U15 F	1 : 05.93 secs	33
1	4	Hannah Page	WGEL	U15 F	1 : 10.74 secs	34
1	5	John Braybrook	Eastern Vets	V50 M	1 : 19.01 secs	5

400m		WGEL Graded	07-Jul-15	M> W/S	0	
Race No.	Place	Athlete	Club	Age Group - NK is Not Known	Performance	ID No.
2	1	Christopher Hogg	WGEL	U17 M	1 : 03.03 secs	56
2	2	Millie Finch	WGEL	U15 F	1 : 05.02 secs	157
2	3	Madeleine Carr	Orion	U20 F	1 : 05.87 secs	162
2	4	Charlotte Grant	Orion	U15 F	1 : 07.85 secs	161
2	5	Alexandra Seddon-Giust	WGEL	U15 F	1 : 09.69 secs	49
2	6	Phillip West	Eastern Vets	V45 M	1 : 22.60 secs	52

400m		WGEL Graded	07-Jul-15	M> W/S	0	
Race No.	Place	Athlete	Club	Age Group - NK is Not Known	Performance	ID No.
3	1	Joseph Owen	Orion	U15 M	58.74 secs	58
3	2	Michael Williams	Benfleet RC	U20 M	1 : 00.32 secs	48
3	3	Etienne Dean	Unattached	U17 M	1 : 01.91 secs	42
3	4	Lucy Spray	Harrow A.C	S F	1 : 02.21 secs	44
3	5	Nick Lauder	Vets AC	V45 M	1 : 05.84 secs	31

400m		WGEL Graded	07-Jul-15	M> W/S	0	
Race No.	Place	Athlete	Club	Age Group - NK is Not Known	Performance	ID No.
4	1	Dami Ajiboye	Enfield	U17 M	53.80 secs	158
4	2	Kyle Lundie	WGEL	U17 M	56.10 secs	21
4	3	Mark Davies	WGEL	S M	57.20 secs	160
4	4	James Davis	Shaftsbury Barnet	U17 M	58.10 secs	41
4	5	William McArdle	Trent Park	U17 M	58.60 secs	51
4	6	Kieran Osei	Unattached	U15 M	1 : 04.40 secs	14

400m		WGEL Graded	07-Jul-15	M> W/S	0	
Race No.	Place	Athlete	Club	Age Group - NK is Not Known	Performance	ID No.
5	1	Pierre Walker	Belgrave	S M	53.42 secs	23
5	2	Joshua Iton	Orion	U17 M	55.96 secs	156
5	3	John McCabe	Loughton	S M	56.29 secs	17
5	4	Jordan Chrisostomou	Orion	U17 M	56.36 secs	38
5	5	Thomas McArdle	Trent Park	U17 M	56.90 secs	53
5	6	Raul Simmons-Perez	Trent Park	U17 M	57.71 secs	47

400m		WGEL Graded	07-Jul-15	M> W/S	0	
Race No.	Place	Athlete	Club	Age Group - NK is Not Known	Performance	ID No.
6	1	Emmanuel Sosanya	NEB	U20 M	52.16 secs	4
6	2	Charlie Weston	Orion	U20 M	52.71 secs	39
6	3	Adrian Richards	Enfield	S M	53.11 secs	137
6	4	Kody Powell	Cambridge Harriers	U17 M	53.46 secs	18
6	5	Sam Kelway	Shettleston Harriers	S M	55.89 secs	150

400m		WGEL Graded	07-Jul-15	M> W/S	0	
Race No.	Place	Athlete	Club	Age Group - NK is Not Known	Performance	ID No.
7	1	Shaka Palmer	Enfield	S M	50.48 secs	60
7	2	Harry Sloman	Orion	U17 M	51.80 secs	40
7	3	Adam Mountford	WGEL	U17 M	52.09 secs	61
7	4	Samuel Serwadda	Loughborough Students	S M	53.11 secs	50
7	5	Thomas Young	Orion	U20 M	54.60 secs	37

1500m Results

1500m WGEL Graded 07-Jul-15

Race No.	Place	Athlete	Club	Age Group - NK is Not Known	Performance	ID No.
1	1	Jack Martyn-Hillier	Unattached	U17 M	5 : 05.49 secs	125
1	2	Arun Monget	Ilford AC	U13 M	5 : 17.47 secs	154
1	3	Matthew Hick	Ilford AC	U13 M	5 : 26.88 secs	131
1	4	Matthew Woolf	Trent Park	U13 M	5 : 37.21 secs	133
1	5	Keshan Beckett-Edwards	Ilford AC	U13 M	5 : 38.50 secs	153
1	6	Alex Brennan	Trent Park	U13 M	5 : 46.54 secs	142
1	7	Rhianna Smith	Enfield	U13 F	5 : 48.11 secs	145
1	8	Fred Taylor	WGEL	U13 M	5 : 48.88 secs	144
1	9	Budmi Bassanayake	Orion	U17 F	7 : 13.25 secs	163

1500m WGEL Graded 07-Jul-15

Race No.	Place	Athlete	Club	Age Group - NK is Not Known	Performance	ID No.
2	1	Stephen Philcox	Ilford AC	S M	4 : 57.35 secs	121
2	2	Luca Mimms	Orion	U13 M	5 : 13.46 secs	148
2	3	Malachi Hercules	Orion	U15 M	5 : 16.38 secs	164
2	4	Thomas Millett	WGEL	U13 M	5 : 19.84 secs	139
2	5	Farris Patel	Ilford AC	U13 M	5 : 23.56 secs	59
2	6	Jordan Lacey	Southend	S F	5 : 25.18 secs	120
2	7	Bradley Deacon	Ilford AC	U13 M	5 : 30.55 secs	132
2	8	Abbi-May Walters	Benfleet	U20 F	5 : 42.08 secs	134
2	9	Kate Kelley Head	Unattached	U13 F	6 : 07.58 secs	138

1500m WGEL Graded 07-Jul-15

Race No.	Place	Athlete	Club	Age Group - NK is Not Known	Performance	ID No.
3	1	Lewis Debenham	Havering	U17 M	4 : 43 .01 secs	127
3	2	Maclaine Bowie	Trent Park	U20 M	4 : 44 .40 secs	159
3	3	Gareth Cavell	WGEL	V45 M	4 : 46 .57 secs	135
3	4	James Stewart	Havering	U17 M	4 : 49 .47 secs	128
3	5	Kieran O'Hara	Havering	U17 M	4 : 50 .74 secs	129
3	6	Joseph Geller	WGEL	U15 M	4 : 53 .58 secs	122
3	7	Harry Cavell	WGEL	U17 M	4 : 56 .62 secs	136
3	8	Tony Hyde	Ilford AC	V50 M	4 : 57 .58 secs	147
3	9	Victoria Hiscock	Benfleet	U20 F	5 : 11 .46 secs	140

1500m WGEL Graded 07-Jul-15

Race No.	Place	Athlete	Club	Age Group - NK is Not Known	Performance	ID No.
4	1	Frankie Conway	Orion	S M	4 : 07.42 secs	146
4	2	Haider Razzag	Orion	U20 M	4 : 25.13 secs	123
4	3	Thomas Grimes	East London Runners	S M	4 : 26.25 secs	117
4	4	Laaban Bethuel	WGEL	S M	4 : 32.09 secs	130
4	5	Ben Pattison	Orion	U20 M	4 : 34.29 secs	119
4	6	Paul Quinton	East London Runners	S M	4 : 35.20 secs	143
4	7	Rushwan Lewis	Benfleet	U17 M	4 : 37.97 secs	141
4	8	James Wakefield	WGEL	U17 M	4 : 41.16 secs	54
4	9	Oliver Douglas	Trent Park	U17 M	4 : 42.73 secs	124
4	10	William Douglas	Trent Park	U15 M	5 : 46.11 secs	126

3000m Results

3000m

WGEL Graded

07-Jul-15

Race No.	Place	Athlete	Club	Age Group - NK is Not Known	Performance	ID No.
1	1	Patrick Brown	East London Runners	S M	9 : 38.36 secs	165
1	2	Sam Rahman	Ilford AC	S M	9 : 54.15 secs	151
1	3	Joseph Clark	Orion	U15 M	9 : 59.53 secs	170
1	4	Callum Liasi	Benfleet RC	U17 M	10 : 15.73 secs	166
1	5	Joe Payne	Basildon AC	U20 M	10 : 49.72 secs	171
1	6	Siena Taylor	WGEL	U15 F	11 : 25.60 secs	167
1	7	Oliver Wright	Benfleet RC	U17 M	11 : 33.14 secs	169
1	8	Olivia Corbett	WGEL	U15 F	11 : 37.25 secs	168

3Km Walk**3Km Walk****WGEL Graded****07-Jul-15**

Race No.	Place	Athlete	Club	Age Group - NK is Not Known	Performance	ID No.
1	1	Steve Allen	Barnet	V55 M	15 : 32 .00 secs	273
1	2	Gary Smith	Enfield	V55 M	17 : 14 .40 secs	278
1	3	Sean Pender	Enfield	V60 M	19 : 59 .40 secs	274
1	4	Ron Powell	Enfield	V75 M	20 : 33 .00 secs	272
1	5	Jon Brock	Southend	V65 M	20 : 37 .10 secs	277
1	6	Peter Cassidy	Loughton	V70 M	20 : 39 .80 secs	271
1	7	J Outtrim	EVAC	S F	21 : 07 .70 secs	279
1	8	Francois Fernandez	Loughton	V60 F	21 : 22 .50 secs	276
1	9	David Ainsworth	Ilford AC	V65 M	23 : 02 .60 secs	275
1	10	Michael Barnbrook	Ilford AC	V70 M	23 : 22 .50 secs	292

Field Events Results

Javelin

WGEL Graded

07-Jul-15

Event	Place	Athlete	Club	Age Group - NK is Not Known	Performance	Notes
1	1	Louis Davis	Barnet	U15 M	40 .11 m	
1	2	Frank Moore	WGEL	U17 M	39 .68 m	
1	3	Michael Nicholls	Barnet	Snr F44 M	31 .84 m	
1	4	Freya Baker	Crawley	U13 F	30 .70 m	
1	5	Ben Myers	Orion	U13 M	26 .05 m	
1	6	Jamie Mountford	WGEL	U15 M	24 .39 m	
1	7	Bettany Chambers	Orion	U15 F	24 .21 m	
1	8	Hannah Bardo	Chelmsford	U13 F	21 .82 m	
1	9	Victoria Cuthbert	WGEL	U15 F	19 .09 m	
1	10	Alfie Whelan	Orion	U15 M	18 .48 m	
1	11	Jake Chambers	Orion	U13 M	17 .07 m	
1	12	Sophie Heney	WGEL	U15 F	11 .67 m	

Discus

WGEL Graded

07-Jul-15

Race No.	Place	Athlete	Club	Age Group - NK is Not Known	Performance	ID No.
1	1	Clare Fitzgerald	Windsor	S F	52 .00 m	F
1	2	Christopher Linque	WGEL	S M	46 .10 m	F
1	3	Devon Douglas	WGEL	S M	44 .80 m	F
1	4	Hugh Williams	WGEL	S M	33 .39 m	F
1	5	Michael Nicholls	Barnet	Snr F44 M	31 .68 m	F
1	6	Kevin Baker	Crawley	V50 M	28 .65 m	F
1	7	Thomas Finch	WGEL	U17 M	23 .79 m	F
1	8	Freya Baker	Crawley	U13 F	23 .36 m	F
1	9	Alfie Whelan	Orion	U15 M	22 .32 m	F
1	10	Hannah Bardo	Chelmsford	U13 F	21 .63 m	F
1	11	Sam Barker	WGEL	U17 M	17 .88 m	F
1	12	Felicia Ajuzieogu	WGEL	U13 F	15 .70 m	F
1	13	Abigail Allen	WGEL	U15 F	15 .46 m	F
1	14	Poppy Booth-Cobb	WGEL	U13 F	14 .45 m	F
1	15	Celeste Alisa	WGEL	U13 F	10 .69 m	F