

Wasps Results

M> = Manual Wind Speed

Wasps L-Jump WGEL Graded 30-Aug-16

Race No.	Place	Athlete	Club	Age Group - NK is Not Known	Performance	ID No.
1	1	Rebecca Wright	WGEL	U11 F	03 .37 m	104
1	2	Macy Huthwaite	WGEL	U11 F	02 .83 m	101
1	3	Jemima Purser	WGEL	U11 F	02 .44 m	102
1	4	Talia Woolf	WGEL	U11 F	02 .39 m	103

Wasps 600m WGEL Graded 30-Aug-16

Race No.	Place	Athlete	Club	Age Group - NK is Not Known	Performance	ID No.
1	1	Rebecca Wright	WGEL	U11 F	2 : 13 .30 secs	104
1	2	Aaron Hick	Ilford	U11 M	2 : 15 .10 secs	107
1	3	Macy Huthwaite	WGEL	U11 F	2 : 16 .60 secs	101
1	4	Emily Caton	WGEL	U11 F	2 : 20 .00 secs	106
1	5	Jemima Purser	WGEL	U11 F	2 : 20 .60 secs	102
1	6	Talia Woolf	WGEL	U11 F	2 : 21 .50 secs	103
1	7	Alice Caton	WGEL	U11 F	2 : 22 .00 secs	105

Wasps 75m WGEL Graded 30-Aug-16 M> W/S +0.8 M/S

Race No.	Place	Athlete	Club	Age Group - NK is Not Known	Performance	ID No.
1	1	Rebecca Wright	WGEL	U11 F	11 .75 secs	104
1	2	Aaron Hick	Ilford	U11 M	13 .19 secs	107
1	3	Talia Woolf	WGEL	U11 F	13 .39 secs	103
1	4	Macy Huthwaite	WGEL	U11 F	13 .44 secs	101
1	5	Alice Caton	WGEL	U11 F	13 .45 secs	105
1	6	Emily Caton	WGEL	U11 F	13 .62 secs	106
1	7	Jemima Purser	WGEL	U11 F	14 .39 secs	102

100m Results

M> = Manual Wind Speed

100m WGEL Graded 30-Aug-16 M> W/S +1.1 m/s

Race No.	Place	Athlete	Club	Age Group - NK is Not Known	Performance	ID No.
1	1	Reece Barton	WGEL	U13 M	13 .27 secs	57
1	2	Ettien Millen	WGEL	U13 M	14 .56 secs	14
1	3	Isabella Hick	Ilford	U15 F	14 .57 secs	11
1	4	Yvonne Holmes	Ipswich Harriers	V50 F	15 .16 secs	5
1	5	Darnell Boyce	WGEL	U13 M	15 .72 secs	59

100m WGEL Graded 30-Aug-16 M> W/S +1.0 m/s

Race No.	Place	Athlete	Club	Age Group - NK is Not Known	Performance	ID No.
2	1	Kaidan Chambers	WGEL	U13 M	13 .43 secs	15
2	2	Samuel Oshodi	WGEL	U13 M	13 .45 secs	17
2	3	Nicole Alves	WGEL	U15 F	13 .51 secs	3
2	4	Shakkira Sikisu	WGEL	U17 F	14 .02 secs	1
2	5	Mya Lawrence	Unattached	U13 F	14 .68 secs	20

100m WGEL Graded 30-Aug-16 M> W/S +1.6 m/s

Race No.	Place	Athlete	Club	Age Group - NK is Not Known	Performance	ID No.
3	1	Justin Brandon	Basingstoke & Mid Hants	V45 M	12 .96 secs	12
3	2	Rebecca Fafowora	WGEL	U17 F	13 .18 secs	4
3	3	Ademilola Olugbode	WGEL	U15 F	13 .22 secs	2
3	4	Kyra Boyce	WGEL	U15 F	13 .94 secs	7
3	5	Henry Lethbridge	WGEL	U13 M	14 .39 secs	13
3	6	Yvonne Holmes	Ipswich Harriers	V50 F	15 .41 secs	5

100m WGEL Graded 30-Aug-16 M> W/S +1.3 m/s

Race No.	Place	Athlete	Club	Age Group - NK is Not Known	Performance	ID No.
4	1	Victor Nutakor	NEB	S M	11 .65 secs	8
4	2	Jed Asemota	Colchester Harriers	U17 M	11 .73 secs	58
4	3	Daniel Yellop	Ryston Runners	S M	11 .96 secs	52
4	4	Abdul Icare	WGEL	U15 M	12 .29 secs	10
4	5	Anthony George	Ilford	U15 M	12 .45 secs	18
4	6	Tarran Davis	WGEL	U15 M	12 .48 secs	6

100m WGEL Graded 30-Aug-16 No Wind Speed

Race No.	Place	Athlete	Club	Age Group - NK is Not Known	Performance	ID No.
5	1	Lennox Thompson	NEB	S M	11 .14 secs	9
5	2	Pierre Walker	Belgrave Harriers	S M	11 .38 secs	56
5	3	Jos Farquharson	WGEL	U17 M	11 .50 secs	53
5	4	Nifemi Oyedifan	WGEL	U17 M	11 .52 secs	21
5	5	Daniel Lavipour	Highgate Harriers	S M	11 .59 secs	51
5	6	James Bongart	WGEL	S M	11 .65 secs	54

400m Results

400m WGEL Graded 30-Aug-16

Race No.	Place	Athlete	Club	Age Group - NK is Not Known	Performance	ID No.
1	1	Chris Scott	Orion Harriers	V40 M	1 : 00 .55 secs	24
1	2	Clifford Warren	Loughton	S M	1 : 02 .35 secs	27
1	3	Alex Lytrides	Trent Park	U15 M	1 : 03 .90 secs	76
1	4	Isabella Brandon	Trent Park	U15 F	1 : 04 .78 secs	23
1	5	Fred Taylor	WGEL	U15 M	1 : 11 .14 secs	74
1	6	Jacob Nicholson	WGEL	U15 M	1 : 14 .26 secs	78

400m WGEL Graded 30-Aug-16

Race No.	Place	Athlete	Club	Age Group - NK is Not Known	Performance	ID No.
2	1	Jed Asemota	Colchester Harriers	U17 M	53 .85 secs	58
2	2	Daniel Yellop	Ryston Runners	S M	55 .02 secs	52
2	3	Michael McBrinn	Belgrave Harriers	V40 M	56 .85 secs	22
2	4	Neil David Kirkham	VP&TH	S M	57 .21 secs	73
2	5	Chris Moore	Ipswich Harriers	U20 M	58 .16 secs	55
2	6	Michael Williams	Benfleet Running club	U20 M	58 .79 secs	19
2	7	Krystle Balogun	Ilford	S F	1 : 02 .60 secs	26

400m WGEL Graded 30-Aug-16

Race No.	Place	Athlete	Club	Age Group - NK is Not Known	Performance	ID No.
3	1	Lennox Thompson	NEB	S M	49 .28 secs	9
3	2	Daniel Lavipur	Highgate Harriers	S M	50 .41 secs	51
3	3	Victor Nutakor	NEB	S M	50 .73 secs	8
3	4	James Shane	NEB	S M	52 .13 secs	63
3	5	Andrew Mariani	WGEL	S M	52 .84 secs	25

1 Mile Results

1 Mile WGEL Graded 30-Aug-16

Race No.	Place	Athlete	Club	Age Group - NK is Not Known	Performance	ID No.
1	1	Matthew Hick	Ilford	U13 M	5 : 42 .41 secs	61
1	2	Bradley Deacon	Ilford	U15 M	5 : 44 .89 secs	153
1	3	Benjamin Woolf	Trent Park	U15 M	5 : 48 .59 secs	70
1	4	Mya Hornett	Trent Park	U15 F	5 : 59 .98 secs	71
1	5	Emily Hathaway	Trent Park	U15 F	6 : 00 .02 secs	157
1	6	Keshan Beckett-Edwards	Ilford	U13 M	6 : 04 .05 secs	60
1	7	Breege Nordin	Ilford	S F	6 : 15 .73 secs	154
1	8	Nicole Bourdeaux	Trent Park	U15 F	6 : 25 .95 secs	72
1	9	Henry Lethbridge	WGEL	U13 M	6 : 56 .59 secs	13

1 Mile WGEL Graded 30-Aug-16

Race No.	Place	Athlete	Club	Age Group - NK is Not Known	Performance	ID No.
2	1	Stephen Philcox	Ilford	V50 M	5 : 03 .55 secs	109
2	2	Ruairi McGonagle	London Heathside	U13 M	5 : 21 .82 secs	110
2	3	Louise Gilbert	WGEL	U17 F	5 : 24 .46 secs	66
2	4	Sally Judd	Chelmsford AC	V40 F	5 : 25 .55 secs	162
2	5	Eric Paul	Orion Harriers	V55 M	5 : 33 .82 secs	75
2	6	Matthew Woolf	Trent Park	U15 M	5 : 37 .43 secs	69
2	7	Jimmy Geller	WGEL	U13 M	5 : 37 .92 secs	159
2	8	Ryan Dooley	WGEL	U15 M	5 : 37 .96 secs	151
2	9	Victoria Carter	Thames Valley Harriers	V45 F	5 : 38 .72 secs	77
2	10	Darryl Coulter	Kent AC	V45 M	5 : 47 .42 secs	62
2	11	Roisin Keohane	Trent Park	U13 F	6 : 00 .16 secs	161
2	12	Gnant Conway	East London runners	S M	6 : 03 .66 secs	160

1 Mile WGEL Graded 30-Aug-16

Race No.	Place	Athlete	Club	Age Group - NK is Not Known	Performance	ID No.
3	1	Thomas Grimes	East London runners	S M	4 : 40 .77 secs	155
3	2	Nick Shasha	Orion Harriers	V40 M	4 : 42 .89 secs	16
3	3	Patrick Brown	East London runners	S M	4 : 48 .11 secs	156
3	4	Thomas Daley	Fulham	V40 M	4 : 48 .29 secs	152
3	5	George Day	Orion Harriers	U20 M	4 : 49 .31 secs	150
3	6	Joseph Geller	WGEL	U15 M	4 : 52 .57 secs	158
3	7	James Rogers	Clapham Chasers	S M	4 : 53 .27 secs	68
3	8	Mungo Prior	Ilford	U15 M	4 : 55 .38 secs	64
3	9	Farris Patel	Ilford	U15 M	5 : 01 .66 secs	65
3	10	Aaron Samuel	Ilford	U15 M	5 : 17 .52 secs	67
3	11	Andrew Cohen-Wray	Bedford & County AC	V35 M	5 : 23 .06 secs	108

3000m Results

3000m

WGEL Graded

30-Aug-16

Race No.	Place	Athlete	Club	Age Group - NK is Not Known	Performance	ID No.
1	1	Thomas Grimes	East London runners	S M	9 : 51 .78 secs	155
1	2	Patrick Brown	East London runners	S M	9 : 59 .79 secs	156

3 Km Walk Results

3Km Walk WGEL Graded 30-Aug-16

Race No.	Place	Athlete	Club	Age Group - NK is Not Known	Performance	ID No.
1	1	Mark Culshaw	Belgrave Harriers	V50 M	16 : 30 .80 secs	292
1	2	Alex Macheath	Cambridge Harriers	U13 M	16 : 36 .70 secs	288
1	3	Steve Allen	Barnet	V60 M	17 : 15 .90 secs	289
1	4	Melanie Peddle	Loughton	V45 M	17 : 51 .20 secs	291
1	5	John Borgars	Loughton	V70 M	18 : 54 .00 secs	294
1	6	Sean Pender	Enfield	V60 M	20 : 40 .10 secs	287
1	7	Pamela Abbot	Enfield	V50 F	20 : 41 .40 secs	293
1	8	Peter Cassidy	Loughton	V75 M	20 : 57 .40 secs	286
1	9	Dave Ainsworth	Ilford	V65 M	24 : 52 .70 secs	290

Field Events Results

Shot Putt

WGEL Graded

30-Aug-16

Event	Place	Athlete	Club	Age Group - NK is Not Known	Performance
1	1	Hugh Williams	WGEL	U23 M	11 .37 m
1	2	Charmaine Johnson	Epsom & Ewell	V50 F	10 .39 m
1	3	Simbiyat Sikiru	WGEL	U15 F	08 .27 m
1	4	Amelia Macdonald	Enfield	U17 F	07 .53 m
1	5	Luke Finch	WGEL	U13 M	05 .23 m

T-Jump

WGEL Graded

30-Aug-16

Race No.	Place	Athlete	Club	Age Group - NK is Not Known	Performance
1	1	Christman Ihuoma	WGEL	U23 M	13 .76 m
1	2	Anthony George	Ilford	U15 M	12 .29 m
1	3	Fred Morgan	Guildford	S M	11 .63 m
1	4	Alex Lytrides	Trent Park	U15 M	10 .17 m
1	5	Charlie Moore	Ipswich Harriers	U15 F	09 .82 m
1	6	Katherine Myers	Orion Harriers	U20 F	09 .43 m
1	7	Clare St John-Coleman	Chelmsford AC	V55 F	08 .16 m